



Paddlers are welcome too!

Sunday, July 21—9 a.m. Start
Shady Nook—Little Beach to Sandy Beach (.9 mi)

Swimmers—\$30

(Includes Swim Cap, T-Shirt)

Stand-up Paddlers—\$20

(Includes T-Shirt)

Participants encouraged to recruit sponsors to benefit BLIMP milfoil control efforts

- *All swimmers must be accompanied by a kayak spotter
(Volunteer spotters are available, if needed)*
 - *Shorter course: swimmers can go ashore at
Sunset Beach or Green Bay Beach*
- *Boats will be on the water to pick up tired swimmers*
 - *On-site payment on the day of the event*

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Please sign up in advance by email:

sleecalkins@gmail.com